

THE 21 DAY FAITH CHALLENGE

A DAILY DEVOTIONAL
THROUGH PSALM 91

SHIFT YOUR MINDSET, CHANGE YOUR LIFE

Day Five

Before you read today's devotional, read all of [Psalm 91](#).

Today's Verse

Psalm 91:2a *"I will say of the Lord, 'He is my refuge and my fortress...'"*

It can be easy during these times in which we are currently living, to lose our grip, to lose our footing and to lose our strength. Yet, God makes us a promise in Psalm 91:2, though our grip may slip, His is secure. Though our strength may falter, His strength remains sure. He tells us that He is our refuge, a place of shelter from pursuit, danger or trouble. The Lord gives us a place of protection from all the issues that we have. The Lord provides a refuge for us when our emotions are spinning out of control. He is our refuge when fear threatens to overtake us. As believers, we have to remind ourselves of this truth from God's Word. We are never alone. We don't have to be afraid. We can walk in victory because God promises us that He is our refuge. In spite of all of the underlying conditions and circumstances surrounding us, we can make a decision today to put our lives in the hands of the Lord and find complete security in Him.

Reflect & Respond:

1. To where have you been running for refuge? (Your job, your spouse, your diet, your kids) What will you do to run to the Lord for refuge instead? _____
2. What stands out most from this verse to you today? _____
3. How can you live this out practically today? _____

Application:

- S- Is there a SIN I need to confess?
- P- Is there a PROMISE I need to claim?
- A- Is there an ATTITUDE I need to change?
- C- Is there a COMMAND I need to obey?
- E- Is there an EXAMPLE I need to follow?

Prayer:

Write out your prayer for this day from God's word.